

# Must have healthy snacks



## Goodness from inside out

ALO is a refreshing drink that uses real aloe vera, hand filleted and straight from the leaf.

This crisp base of aloe vera juice is then enhanced with a mix of real fruits and a selection of plant-based ingredients, to create a variety of unique flavors.

ALO's beverages go beyond their luscious taste to make you feel amazing from the inside out.

[alodrink.com/](http://alodrink.com/)



## Squeezy does it

Mamma Chia's organic squeeze is packed with Omega-3s, protein and fiber, making it ideal fuel for hungry travellers.

The chia seeds are infused with delicious fruits and vegetables, creating a sugar-free snack that's easy to enjoy thanks to its TSA-approved squeeze pouch. Its flavors include Blackberry Bliss, Wild Raspberry, Green Magic Mango Coconut, Strawberry Banana and Cherry Beet.

[mammachia.com](http://mammachia.com)

## A walk on the wild side

Wild Zora Meat & Veggie Bars boast a variety of vibrant flavors, along with a tender texture and convenient packaging. The bars use locally sourced, pasture-raised meats, organic veggies and no added sugars, and are gluten, grain, soy and nut-free. This makes them the perfect high-protein travel snack.

Use the code FLYFRIENDLY to get 25% off.

[wildzora.com](http://wildzora.com)

